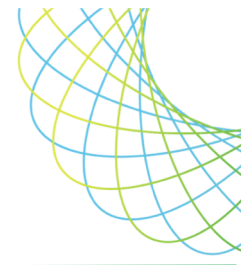


Establishing an Indirect Indentation and Indirect Laser Retinopexy Simulation Session

Mr Shaman Dolly MBBS FRCOphth¹, Mr Ben Kirkpatrick MBBS FRCOphth^{1,2}, Mr Paul Sullivan MBBS MD FRCOphth¹
¹Moorfields Eye Hospital NHS Trust, London. ² University College London



Background

Indirect ophthalmoscopy is a difficult skill to learn and teach. Optimal patients to practice on are infrequent, and poor technique can put off patient and examiner alike.

Aim

To design a simulated teaching session for St3+ registrars to improve indirect examination and retinopexy skills.

Methods

2 adjacent non-clinical rooms of Moorfields Eye Hospital, London. One room needed to adhere to laser safety standards.

Materials: Indentable model eyes, replaceable laser paper retinas, 20D lenses, indirect ophthalmoscopes - one video enabled, Shocket indenter, carmellose for dynamic indentation and 2x portable 532nm laser consoles.
Faculty: Consultant x2, St6 Registrar and laser safety representative.

Process

